## s) <br> THE LOBSTER HOUSE

## SALADS

(*) Roasted salmon salad with arugula, asparagus and roasted bell pepper vinaigrette
-(b) Lobster and jicama salad with orange vinaigrette and garden herbs

## SOUPS

Lobster bisque with rouille "tropezones"
Seafood soup with squid, scallops, crab and fish with alioli toasts

## COLD APPETIZERS

- Crab cakes with chipotle remoulade sauce accompanied with green apple and parsley salad
(*) Scallop ceviche with "leche de tigre" sauce, sweet corn, orange and coriander


## HOT APPETIZERS

(6) Grilled octopus with potatoes, olive pesto and saffron aioli

- Coconut fried shrimp in horseradish sauce, mustard and honey


## PASTAS \& RICES

Scallops in lemon sauce and capers with linguine pasta and garlic bread

- Seafood risotto with grilled vegetables and "romesco" sauce

GLUTEN FREE PASTA AVAILABLE

## MAIN COURSES

Grilled Salmon, dill scented, served with Chardonnay sauce with a touch of lobster bisque

Red tuna, grilled steak, roasted tomatoes and asparagus, mashed potatoes with chimichurri
(6) Surf \& Turf, grilled flank and lobster grilled with Béarnaise sauce

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- These are healthy dishes which help in mantaining balanced diet
(0)These are gluten free dishes

0 This dish contains dairy and/or milk
a Whole Food Plant-Based option

## LOBSTER

(3) Thermidor, classic creamy french, mushrooms, shallots, mustard and tarragon, oven finished gratin
(8b) Meunière, pan fried in butter, lemon juice and fresh parsley

* Grilled or steamed lobster, choose below your side dish and sauce


## SAUCE SELECTION

O8 Lemon butter sauce
Melted butter, lime juice and pinch of salt added
© (*) White wine garlic sauce
Butter simmered garlic, finished
with reduced white wine

- © Béarnaise

Butter emulsion of black pepper, tarragon and shallot white wine reduction
© (8)Honey dijonnaise
Dijon mustard and honey

SIDES

- © Baked Potato

With cream and fresh herbs

- French fries
© ( Mashed potatoes
- Grilled vegetables
- © Steamed rice
- Garlic butter pasta

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## DESSERTS

© © Chocolate bar, peanut butter and milk chocolate mousse, orange peanut biscuit, orange passion and fruit sauce

- Apple tart, served with vanilla ice cream
© Oruit, seasonal fruit with lime sorbet
o(B) Ice creams: Banana, rhum, chocolate
© (:*) Piña colada, coconut mousse, pineapple and rhum marmalade, chocolate sauce
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## WHOLE FOOD PLANT-BASE MENU

## APPETIZERS

- Cucumber salad with natural yogurt and fresh mint

Rice croquette with broccoli, beand and carrot

## SALADS

Mixed salad, lettuce, potato, onion, apple cide vinegar and oregano
(3) Veggie ceviche, mixed vegetables marinated with lemon, garlic oil and chopped cilantro

## SOUP

(B) Tomato and avocado soup flavored with rosemary

## MAIN COURSES

(0. Stewed potato with truffle esscence, bell peppers, eggplant and tomato
(3) Vegetable patties with tomato and chipotle sauce
(3) Veggie fajitas garnished with guacamole, mexican sauce and roasted "serrano" chilis on the side

