

LAS OLAS

APPETIZERS

o SHORT RIB NACHOS

House tortilla chips, slow-braised short rib, melted cheddar and mozzarella cheese, pickled onion, and cilantro



CEVICHE YUCATECO

Your choice of poached shrimp, fish, or mixed seafood tossed in fresh lime juice, cucumber, red onion, tomato, cilantro, and serrano pepper shavings, served with blue corn tortilla chips

🍏 SHRIMP COCKTAIL

Chilled poached shrimp, house cocktail sauce, diced avocado, shaved red onion, fresh cilantro, and serrano pepper shavings



OCTOPUS ZARANDEADO TOSTADA

Grilled octopus zarandeado, smashed avocado, shaved red onion, cucumber slaw, and fresh cilantro, served on a crispy corn tostada

o 🍷 ROCA SHRIMP

Tempura shrimp, chipotle mayo, and black sesame seeds on a fresh salad base

SALADS



WATERMELON GREEK SALAD

Feta, watermelon, Kalamata olives, shaved red onion, fresh mint, cucumber, and root vegetable chips



ROASTED BEET & CITRUS SALAD

Roasted beets, mixed greens, orange segments, goat cheese, pistachios, and citrus vinaigrette
Add blackened chicken breast

MAIN COURSE



POKE BOWL

Your choice of tuna or salmon, with rice, avocado, soybeans, alfalfa sprouts, radish, sesame, and soy sauce, served with wonton crisps



BAJA TACOS

Your choice of shrimp or fish fillet in beer batter, pickled cabbage salad, and chipotle mayo



MEDITERRANEAN CHICKEN BREAST

Grilled chicken breast marinated in yogurt, over chickpea hummus, mixed greens, cucumber, olives and a lemon-oregano vinaigrette

MAIN COURSE

🍷 GRILLED CHICKEN FOCACCIA

Chicken breast, creamy burrata, tomato, arugula, and lemon-garlic aioli on focaccia bread, served with fries

🌱 RIB EYE TACOS

Grilled ribeye, onion, cilantro, and tomatillo salsa, served in corn tortillas

🍷 ARRACHERA QUESADILLA

Grilled flank steak, cheese, guacamole, and pico de gallo in a flour tortilla

🍷 LAS OLAS CHICKEN BURRITO

Grilled chicken with cheese, beans, guacamole, pico de gallo, and chipotle mayonnaise, wrapped in a flour tortilla, served with French fries

🍏🍷🌱 FISH FILLET A LA PLANCHA

Cooked on the flat top with lemon and caper sauce, served with roasted potatoes

🍷 PRETZEL CHEESEBURGER

Pretzel bun, beef patty, cheddar cheese, avocado, spinach, and caramelized onions with a red wine and balsamic reduction and our house sauce served with fries

🍷 PROSCIUTTO & BURRATA PIZZA

San Marzano tomato sauce base, mozzarella, cherry tomatoes, arugula, and burrata cheese

🍷🌱 MARGHERITA PIZZA

San Marzano tomato sauce base, basil leaves, and mozzarella cheese

🍷🌱 STRACCIATELLA & MORTADELLA PIZZA

Pistachio pesto sauce, shaved mortadella, stracciatella, and chopped pistachios

🍷🌱 NO RULES PIZZA

Build your own pizza.

Choose your toppings:

ham | salami | pepperoni | bacon | chicken | shrimp | pineapple | onions | bell peppers | mushrooms | olives | jalapeños | tomatoes

DESSERTS

🍷 PINEAPPLE AND RASPBERRY TART

Cinnamon frangipane, pineapple basil and rum compote, vanilla bavarian cream, raspberry gel, topped with swiss meringue

🍷🌱 DULCE DE LECHE AND PECAN BASQUE CHEESECAKE

Toffee sauce and chocolate tuile

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

🍏 Healthy dishes which help in maintaining balanced diet

🌱 Gluten free dishes

🍷 Contains dairy and/or eggs

🌶️ Spicy dishes

🌿 Food Plant-Based option

🍷 Crafted through artisan ways

🍷 Includes local ingredients

🐟 Sustainable fishery

WHOLE FOOD PLANT-BASED MENU

🌿 NACHOS

House tortilla chips, soy protein chili, plant-based cheddar sauce, pickled onion, and cilantro

🍏🌿🌱 CEVICHE YUCATECO

Soy protein tossed in lime juice, cucumber, red onion, tomato, and fresh cilantro

🍏🌿🌱 WATERMELON GREEK SALAD

Plant-based feta, watermelon, Kalamata olives, shaved red onion, fresh mint, cucumber, and root vegetable chips

🍏🌿 STEAK LETTUCE TACOS

Soy-based protein, onion, cilantro, and guacamole, served in lettuce wraps

🌿 STEAK QUESADILLA

Soy-based protein, plant-based cheese, guacamole, and pico de gallo, served in a flour tortilla

🌿 PLANT-BASED BURGER

Grilled plant-based patty, plant-based cheddar cheese, avocado, spinach, and caramelized onions with a red wine and balsamic reduction, served with fries

🌿 PIZZA

San Marzano tomato sauce base, plant-based cheese

Add your choice of toppings:
pineapple, onion | bell peppers | mushrooms | olives | jalapeños | soy-based mince

DESSERT

🌿 CARROT CAKE

Spiced carrot cake and plant-based yogurt cream

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🌱 Gluten free dishes

🌿 Food Plant-Based option
🌱 Includes local ingredients