

INSALATA

- PEPERONATA

 Greens leaves, stewed bell peppers, red wine vinaigrette

ANTIPASTO

PROSCIUTTO
Cured ham with roquette, cantaloupe slices and
Italian dressing

- EGGPLANT ALLA PARMIGGIANA Slices breaded and fried, served with tomato sauce, fresh basil and roquette leaves
- CALAMARI
 Deep fried rings, served with tomato stew, parsley and
 Parmesan cheese

ZUPPE

MINESTRONE

Slowly cooked chicken broth with pasta, vegetables and spinach, crunchy cured ham

PIZZAS

MEXICANA

Fresh tomato, black beans, Mexican sausage, melted cheese and jalapeño chili

- MEDITERRANEA Tomato sauce, black olives, dried tomatoes, feta cheese and fresh basil
- TRE FORMAGGI Tomate sauce topped with Gorgonzola, mozzarella and Parmesan
- PROSCIUTTO AND SALCICCIA

 Tomato sauce, cured ham and white sausage, mozzarella

MARGHERITA

Traditionnal, made with tomato, mozzarella and fresh basil

PASTE

SPAGHETTI ALLA BOLOGNESE

Al dente pasta in ground beef, bacon, tomato and fresh herbs sauce

SANDWICH

Served with French fries or mixed salad

CHICKEN

Grilled chicken breast, lettuce and sautéed mushroom

PHILLY

Roastbeef slices, mozzarella cheese and sautéed onions in hoagie roll

DALLA GRIGLIA

MAHI MAHI SKEWER
Marinated fillet, pilaf rice and al dente vegetables

SALMON In virgin basil sauce

CHICKEN BREAST With lemon and thyme, served with white rice

LASAGNA
Ground beef and tomato stew, cream sauce and cheese, stone oven baked

DESSERTS

- LEMON PIE

 Creamy filling and merengue covered
- BANANA AND CARROT CAKE Our not so Italian signature dessert
- TIRAMISU

 Traditionally made with lady fingers, mascarpone, cream and espresso
- PANNA COTTA

 Coconut creamy custard with red fruit sauce
- FRUIT SALAD
 Seasonal fruits with lemon sorbet

WHOLE FOOD PLANT- BASED MENU

INSALATA

PASTA

PENNE RIGATE AL PESTO
With extra virgin olive oil, fresh basil and pine nut pesto

PIZZA

- MEDITERRANEA
 Tomato sauce, black olives, dried tomatoes, feta cheese and fresh basil
- TRE FORMAGGIO Tomato sauce with Gorgonzola, mozzarella and Parmesan
- MARGHERITA

 Traditionnal, made with tomato, mozzarella and fresh basil

